

# Ellington Senior Center Calendar

## June 2010

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	<b>EMAT APPTS</b>  Bocce Ball 10:30am Bridge 9:00am Dominos 1:00pm Setback 7:00pm <b>“Out To Lunch”</b> <b>Frankie’s Firehouse Rest.</b> <b>1pm</b> Stop & Shop	<b>EMAT APPTS</b>  HVCC Transit Podiatry Clinic 9:00am <b>Balance Class 10:00am</b> Shuffleboard 2:00pm  Big Y	<b>EMAT APPTS</b>  Sew & So/Crafts 9:30am Canasta 1:00pm  <b>Ice Cream Social</b> <b>TRIAD</b> <b>“Silver Alert”</b> <b>(1pm)</b>	<b>EMAT APPTS</b> Mahjongg 10:00am   SAT- 6/5/10 Setback @ 7:00pm
7	8	9	10	11
<b>EMAT APPTS</b>  Garden Thyme 9:00am Exercise Class 9:00am Tai Chi (beginner) 10:30am Tai Chi (advanced) 11:30am Line Dancing 1:30pm  Stop & Shop	<b>EMAT APPT</b>  Bocce Ball 10:30am Bridge 9:00am Blood Pressure 1:30pm Diabetic Screening 1:30pm Setback 7:00pm  Geissler’s	<b>EMAT APPTS</b>  HVCC Transit <b>Balance Class 10:00am</b> Shuffleboard 2:00pm  Big Y	<b>EMAT APPTS</b>  Sew & So/Crafts 9:30am Better Age Club 1:00pm Canasta 1:00pm	<b>EMAT APPTS</b>  Mahjongg 10:00am   SAT – 6/12/10 Setback @ 7:00 p.m.
14	15	16	17	18
<b>EMAT APPTS</b>  Garden Thyme 9:00am Exercise Class 9:00am Tai Chi (beginner) 10:30am Tai Chi (advanced) 11:30am Line Dancing 1:30pm Musical Insights 6:00pm  Stop & Shop	<b>EMAT APPTS</b>  Bocce Ball 10:30am Bridge 9:00am Setback 7:00pm  Geissler’s	<b>EMAT APPTS</b> HVCC Transit <b>Balance Class 10:00am</b> Shuffleboard 2:00pm  <b>Dave Guttchen</b> <b>“Active Long Care Policies”</b> <b>6:00pm-7:30pm</b> <b>(light dinner-6pm)</b>  Big Y	<b>EMAT APPTS</b>  Sew & So/Crafts 9:30am Canasta 1:00pm Memories & Creative Writing 1:00pm	<b>EMAT APPTS</b>  Mahjongg 10:00am <b>Parkinson Support Group 10:00am</b>  SAT – 6/19/10 Setback @ 7:00 p.m.

21	22	23	24	25
<b>EMAT APPTS</b>  Garden Thyme 9:00am Exercise Class 9:00am Tai Chi (beginner) 10:30am Tai Chi (advanced) 11:30am Line Dancing 1:30pm  Stop & Shop	<b>EMAT APPTS</b>  Bocce Ball 10:30am Bridge 9:00am Blood Pressure 1:30pm Diabetic Screening 1:30pm Setback 7:00pm  Geissler's	<b>EMAT APPTS</b>  HVCC Transit Shuffle Board 2:00pm <b>Balance Class 10:00am</b>  Big Y	<b>EMAT APPTS</b>  Sew & So/Crafts 9:30am Canasta 1:00pm Better Age Club 1:00pm  Mahjongg 10:00am  SAT-6/26/10 Memory & Creative Writing <i>*Sylvia Kravitz Recognition 2pm</i>  SAT – 6/26/10 Setback @ 7:00 p.m.	
28	29	30		
<b>EMAT APPTS</b>  Garden Thyme 9:00am Exercise Class 9:00am Tai Chi (beginner) 10:30am Tai Chi (advanced) 11:30am Line Dancing 1:30pm Musical Insights 6:00pm  Stop & Shop	<b>EMAT APPTS</b>  Bocce Ball 10:30am Bridge 9:00am Blood Pressure 1:30pm Diabetic Screening 1:30pm Setback 7:00pm  <b>Movie Time</b> <b>“Mrs. Doubtfire ”</b> <b>(1pm)</b> Big Y/Walmart- E. Windsor	<b>EMAT APPTS</b>  HVCC Transit <b>Wii games 12:00pm</b> Shuffle Board 2:00pm  Geissler's		<b>*Note: Schedule subject to change without prior notice</b>
Upcoming Activities		Monthly Features		Reminders
<b>Angel Food Ministries (on-going)</b>  <b>Senior Center Luau – Wed. 8/25/10. Rain date 8/26</b>  <u>Evenings</u> Cards: Setback – Tuesday & Saturday's - (7pm).		Better Age Club – Meetings 2 <sup>nd</sup> & 4 <sup>th</sup> Thurs of month (1pm) Blood Pressure Clinic/Diabetic Screen –2 <sup>nd</sup> & 4 <sup>th</sup> Tues of the month (1:30pm) Bocce Ball – Tuesdays (10:30am) Snipsic Village Bocce Court Bridge – Tuesdays (9am) Exercise Classes – Mondays (9:00am) Line Dancing – Mondays (1:30pm) Mahjongg – Friday (10am) Memory & Creative Writing – 3 <sup>rd</sup> Thursday of month (1:30pm) Movie Time – Last Tues of month (1pm) Musical Insights – 2 <sup>nd</sup> & 4 <sup>th</sup> Monday of the Month (6:00pm) Out To Lunch – 1 <sup>st</sup> Tues of month (1pm) Podiatry Clinic – First Wednesday of month (9:00am) Shuffle board – Wednesdays (2pm) Tai Chi – Mondays (10:30am beginners) (11:30am advance) Anna L. Turner, MSW – Elderly Outreach Social Worker		<b>Transportation Line:</b> <b>860-870-3137</b> <b>Hours: 9:00 a.m. – 12:00 p.m.</b>